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## REQUIRED DAILY DUTIES AND RESPONSIBILITIES OF A CAREGIVER

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**Administered Medication** – It is of utmost importance that any and all medication subscribed by the doctor be administered to the patient on the time stipulated by the doctor to avoid any complications. If this means that the caregiver goes with the patient or client to doctors consultations

**Household Chores** – The Caregiver is responsible to keep the customer/clients/ patient's household environment as clean as possible and also to make sure that all house hold duties are carried.

**Mental and physical managing** – Both progress and any issues should be communicated by a healthcare service with the family. Assisting with attendance at social events, escorting to adult day care, or the caregiver provides social activities such as reading aloud to the patient, playing games or doing crafts and hobbies.

**Preparing and serving daily meals** – Which meals and how many times per week. A nutritious menu must be discussed and approved, consistent with the patient's dietary requirements.

**Body grooming and body maintenance** – Caregiver is responsible to make sure that the patient in question whether this is done by the patient or the caregiver that these relevant practices take place on a daily basis, these include handling the patient in and out of bath with the relevant support, Brushing of teeth, washing, scrubbing, brushing of hair, drying the patient thoroughly, shaving, trimming fingernails and toenails etc.

**Assisting with dressing in relevant attire** – Done when required by patient, otherwise in the morning and evening as required by Caregivers Gauteng

**Patient Transferring** - Examples: continues support and transferring from one object to another eg: chair, toilet, bed, into vehicle into wheelchair and bath.

**Toileting** – One of the most important requirements for the caregiver to enable satisfactory results is to make sure that the patient uses the toilet on a regular basis to make sure that the patient's stomach is working regularly and correctly.

**Management style of symptoms diagnosed** Different patients suffer from various different illnesses and it's the Caregivers responsibility to become fully acquainted with the illness at hand to effectively roll out the relevant procedure to handle and take care of the patient. Certain exercises play a pivotal part in this process